

**Central Region
CHNS/CHPS
February 2015 Report**

Anna Haver

- Provided link to Sweet Lies Bitter Truth video and SOS website resources to two Sherwood aldermen who are interested in expanding the city's tobacco policies.
- Showed Sweet Lies, Bitter Truth video at NLRSD wellness committee meeting and provided information on e-cigarettes and other new products. Discussed comprehensive tobacco policy sample (approximately 10 in attendance); Showed Sweet Lies, Bitter Truth video at NLR staff meeting. Discussed quitline referrals and showed samples of e-cigarettes and other new products (12 in attendance).
- Provided assistance to Gurdon School District regarding requirements for completion of SHI, wellness committee responsibilities, and accessing online SHI.
- Provided technical assistance for accessing Blue and You mini grants to PE teacher at Hurricane Creek Elementary in Benton.
- Provided assistance to Bauxite wellness committee in accessing online SHI and completion requirements; attended Bauxite School District wellness committee meeting to answer questions about SHI completion.
- Provided nutrition education for 5th grade students at Sylvan Hills Elementary including MyPlate, portion distortion, and reading food labels (approximately 75 students).
- Provided oral health education including tobacco prevention for kindergarten students at Sherwood Elementary (approximately 60 students). Provided oral health education including tobacco prevention for kindergarten students at Pine Forest Elementary in Maumelle (approximately 80 students).

Cynthia Wilborn

- Provided technical assistance and resources to school nurse on the upcoming Wellness Committee Meeting on March 4 and provided information on the Second Chance program for the high risk students. SIATech Little Rock Charter High School has been serving Pulaski County students since 2011. The school moved to a new location in Fall 2013.
- Continue to plan for Sweet Home Project- Technical assistance provided to Jackie Archer on gathering data and needs assessment for the following grants for the Sweet Home Project: Arkansas Blue and You Foundation Entergy-below is information on the Entergy grant we are applying for Like Community Partnership Grants, Micro Grants are designed for requests of \$1,000 or less, but they feature a shorter application form and a streamlined review process. Micro Grants allow Entergy to address the needs of smaller organizations year-round and throughout our entire area of operations. If your organization was considering applying for a Community Partnership Grant this year, please consider submitting a Micro Grant request instead. Micro Grants can be used for projects that effectively impact arts & culture, community

improvement/enrichment, education & literacy, the environment or healthy families. Click here to access the Micro Grant guidelines and application. The link to the application is immediately beneath the list of contributions coordinators.

- Attended SOUTH CHNS/CHPS Meeting. The following topics were discussed: ADH Charts, FY 15 Budget by funding source, the ADH Mission Statement, Vision Statement and Guiding Principles. It was reinforced that we are here to serve the public health needs of Arkansans. Policy Review packet was provided with policies on office hours, personnel records, FMLA Memorandum #14-23 dated 10-29-2014; discussed how to search for a policy (FMLA) on the ADH Intranet page. Employees were asked to update their HR 1164 and send to supervisor. Discussed Regional Reporting and the need to be more consistent and 2015 Focus Areas. I provided updates related to SCOT; Sweet Home event on 08/01/15 with four elementary schools, one middle school, one high schools- huge health fair- will have kindergarten and Sports physicals, immunizations, BMI, Scoliosis, hearing, vision, oral health, Dr. Mease will train VA nurses to assess kids and provide concussion education, Cynthia will check to see about the CHNS coming to Dr. Mease's training.
- Assist Division of Disability Services with obtaining eyeglasses for a Type 1 Diabetic student with the Brandon Burlsworth Foundation.
- The school nurses in Pulaski County School Districts have expressed a need for more knowledge on how to assess and address crime in their schools and on the psychotropic medications that the school aged children and adolescents are receiving. Completed a CNE packet for School Nurse Professional Development. Executive summary of data gathered that validates the need for this activity: The use of psychiatric medicines has increased greatly over the years. Psychiatric medicines most commonly used in children and adolescents, including the stimulants, alpha agonists and atomoxetine for ADHD, the SSRIs for Depression and Anxiety Disorders, the mood stabilizers for Bipolar disorder, the sleep medicine, and the atypical antipsychotics used for psychosis and frequently for disruptive behavioral disorders. The school nurses need to be aware of the indications and side effects of psychotropic medications.